

The Athletic Department is one of the most exciting and active parts of Mt. Juliet Christian Academy. As a member of the Tennessee Secondary School Athletic Association (TSSAA), MJCA gives its student athletes an opportunity for exposure and challenge by competing in the "flagship" athletic association of our state. Each night our high school athletes compete against public and private schools that have large enrollments, which challenges our students to compete at their highest possible level. The MJCA student athletes continue to represent God, our school, and their families well on a nightly basis as they compete at a high level with great character.

At the middle school level, MJCA athletes participate in the Greater Nashville Athletic Association (GNAC) in all sports except football. In football, MJCA competes in the United Football Conference (UFC). These two leagues are considered competitive and not merely recreational. This simply means that the student athlete must be able to earn playing time with ability and hard work. There are plenty of opportunities at this level, and middle school is a great transition from the completely recreational elementary levels to the competitive high school levels.

Mt. Juliet Christian Academy athletics also provides opportunities at younger ages. If your child is four years old through 18 years old, there are sports available for you. In our elementary school, MJCA competes in the YMCA league. However, MJCA compiles its own teams and coaches and is responsible for each. Right now, MJCA offers soccer in the fall and spring and basketball in the winter. This gives young MJCA students the opportunity to compete and to develop their athletic skills at a less competitive level. This development will continue the success of MJCA athletics as these children grow into the higher levels of competition. MJCA also has one competitive boy's basketball team and one competitive girl's basketball team at the elementary level. These two teams are given the chance to prepare for middle school athletics by competing against other elementary schools (grades 4-6).

MJCA HIGH SCHOOL SPORTS

FOOTBALL (VARSITY & J.V.)
VOLLEYBALL (VARSITY & J.V.)
CROSS COUNTRY
GOLF
GIRLS SOCCER
CHEERLEADING
BOYS BASKETBALL (VARSITY & J.V.)
GIRLS BASKETBALL
FAST PITCH SOFTBALL
BASEBALL
BOYS TENNIS
GIRLS TENNIS
BOYS SOCCER

MJCA MIDDLE SCHOOL SPORTS

FOOTBALL (GRADES 6-8)
VOLLEYBALL (A & B TEAMS)
CROSS COUNTRY
CHEERLEADING
BOYS BASKETBALL
GIRLS BASKETBALL
FAST PITCH SOFTBALL
BASEBALL
SOCCER (CO-ED)